

**Northwest Center Child Development Program  
2919 1<sup>st</sup> Ave W  
Seattle, WA 98119**

### **Parent Support Group**

**Dinner (for parents and kids) 6:00-6:30 PM**

**Support Group meets 6:30-7:30 PM**

**The parent support group will be held the second Tuesday of every month. Open to parents of children enrolled in our program, as well as members of our larger community, this group will provide an opportunity to meet in a safe environment and discuss the joys and challenges that come with parenting! The goal is to have a setting where parents can get support for dealing with everyday stressors. It's a chance to share suggestions and solutions together.**

**Dinner and childcare will be provided. Please sign up in the office or RSVP to Julia Bentley at 286-2322 or via email at [jbentley@nwcenter.org](mailto:jbentley@nwcenter.org) by the day before the meeting if you are joining us for dinner and/or need childcare.**

### **Sessions in 2008**

**1/8/08**

**2/12/08**

**3/11/08**

**4/8/08**

**5/13/08**

**6/10/08**

**7/8/08**

**8/12/08**

**9/9/08**

**10/14/08**

**11/11/08**

**12/9/08**

